

# Heavy Metals, Vaccines, and Your Health

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Recently, news reports surfaced that a different type of forensic test on body tissues of a deceased celebrity reveals that she probably was poisoned rather than having died of natural disease causes as originally stated in 2009, i.e., pneumonia and anemia.

Actress Brittany Murphy's father persevered and followed through in his quest to find his daughter's actual cause of death. The story is told here.

Brittany's husband, Simon Monjack, coincidentally died five months after her death, apparently suffering from a similar fate.

The toxicology tests, which Angelo Bertolotti, Brittany's father pursued, indicated there were 10 heavy metals with load levels higher than what the World Health Organization considers high levels. She was poisoned by heavy metal toxicity! According to Julia Davis's report on *examiner.com*, where the heavy metal test results conducted by The Carlson Company, LLC, were published, Brittany's body tissue (hair) contained exorbitant amounts of the following heavy metals. I have estimated how many times higher Brittany's hair values were than the Carlson's stated high value limits:

- Aluminum: more than 9.24 times above what is considered high levels
- Manganese: more than 4.19 times higher
- Copper: more than 1.11 times higher
- Selenium: more than 2.08 times higher
- Tin: more than 4.55 times higher
- Antimony: almost two times higher
- Barium: more than 2.48 times higher
- Platinum: more than 1,687.50 times higher!
- Uranium: 4 times higher

Any one of the above heavy metals could have done enough damage to Brittany's body to cause health concerns, but when ten heavy metals were lodged in the organism simultaneously, the body burden became lethal and Brittany succumbed to the cumulative toll each contributed to the body, something much of modern medicine seems reluctant to recognize and deal with, especially since some metals, like aluminum and ethylmercury, are ingredients in pharmacology.

The reason I want to discuss these toxic findings is that the results can act as a perfect segue into explaining the harmful role heavy metals play in the etiology of disease, especially neurological diseases and central nervous system (CNS) disorders.

Hair can be used for several types of testing, including drug testing that the armed services use.

Any element can become incorporated in the body through ingestion, injection, inhalation, or absorption and becomes part of body tissue, including hair, nails, blood, bone, etc. Hair, nails, and blood are relatively harmless, painless, and easy specimens to obtain.

The Great Plains Laboratory, Inc. of Lenexa, Kansas, offers a battery of tests listed on its *Recommended Lab Tests* webpage. You will notice that in the column *Metals Hair Test*, the following are listed: AD(H)D, Alzheimer's/Dementia, Autism Spectrum Disorder, Bipolar Disorder, Candida, Chemical Exposure, Chronic Fatigue, Depression, Down Syndrome, Eating Disorders, Fibromyalgia, Multiple Sclerosis, Obsessive Compulsive Disorder, Psoriasis, Schizophrenia, Seizure Disorders, Tourette Syndrome & Tics, and Vaccine Injury.

## Aluminum

Everyone is most familiar with what lead (Pb) does in the body, so it's been banned from paints, gasoline, and other products, especially anything that involves children, i.e., toys—and rightfully so. However, no such concern nor restrictions apply to aluminum, a neurotoxin found in vaccines, foods, antiperspirants, cookware, preservatives and additives, pharmaceuticals, flocking agents in municipal water supply systems and, particularly, aluminum oxide [1], a micron size particulate used in chemtrail spraying from airplanes, which apparently is part of geoengineering global weather control, whose particulates humans breathe in ambient air.

Dr. Russell Blaylock, MD, a neurologist and brain surgeon, has this to say about aluminum: My major concern is that there is evidence that they are spraying tons of nanosized aluminum compounds. It has been demonstrated in the scientific and medical literature that nanosized particles are infinitely more reactive and induce intense inflammation in a number of tissues. Of special concern is the effect of these nanoparticles on the brain and spinal cord, as a growing list of neurodegenerative diseases, including Alzheimer's dementia, Parkinson's disease, and Lou Gehrig's disease (ALS) are strongly related to exposure to environmental aluminum. [2] If anyone should know what he's talking about, certainly it is Dr. Blaylock.

## Selenium

Selenium is a unique metal/mineral insofar as it is one the body needs to be healthy, but as with any nutrient, overload can be and is toxic. Too much selenium in the body results in Selenosis (having too much selenium in your body) results in gastrointestinal symptoms, hair loss, white blotchy nails, garlic breath odor, fatigue, irritability, and mild nerve damage. To be safe, The Institute of Medicine of the National Academy of Sciences set a tolerable upper dietary intake level for selenium at 400 micrograms per day for adults. [3]

## Tin

According to the Global Healing Center, The nervous system is a target for a number of metals. Aluminum, arsenic, lead, and mercury are known to be incredibly neurotoxic. Lead and tin are thought to affect energy metabolism and can stall brain function by interfering with

neurotransmitters. [4] Tin accumulates in the liver and kidneys.

## Barium

Barium causes damage to the brain, liver, kidneys, and heart. Barium is a component in chemtrails being sprayed as part of geoengineering the weather. Since barium falls to earth and settles in drinking water supplies, humans probably are ingesting it in rather abnormal quantities. High levels of barium have been found in rain water samples and as noted in this TV news report. Listen carefully to what the poison control person says what barium will do, i.e., wear down the immune system. Is that a round-about-way to substantiate the need for more vaccines?

Not to underestimate the severity of barium exposure, let's consider this:

Barium is a highly toxic metal. It's extremely poisonous - no one in their right mind would consider consuming it. At low doses, it acts as a muscle stimulant, while higher doses play havoc with the nervous system, causing an irregular heartbeat, tremor, weakness, anxiety, paralysis, and potentially death as the heart and lungs fail. Acute doses of less than 1 gram can be fatal to humans. Indeed barium carbonate is useful as rat poison. Unlike barium sulfate, barium carbonate dissolves in stomach acid, releasing the poisonous barium to do its rather nasty but efficient work. [5]

The above information comes from *RSC Advancing the Chemical Sciences*, who certainly ought to know what they are talking about.

## Platinum

Catalytic converters on automobiles are 'efficient' sources of platinum, often termed "mobile sources of platinum". The highest sources of dietary platinum are eggs and offal; fruit and vegetables contain negligible amounts of platinum, since it is a metal that is not plentiful in soil. The real danger of excess platinum in the body is *the potentiation of toxicity of other heavy metals*, especially selenium. Platinum salts can cause these adverse health effects:

- DNA alterations
- Cancer
- Allergic reactions of the skin and the mucous membrane
- Damage to organs, such as intestines, kidneys and bone marrow
- Hearing damage [6]

## Uranium

Uranium is dangerous, and its radioactivity and half-life can be extremely long. When it gets into the body, it can lead to cancer or kidney damage. Probably the most efficient route of coming in contact with uranium is from the air we breathe, plus food and water, according to none other than the U.S. Environmental Protection Agency. [7] Nuclear power plants use uranium and we have to wonder how many radioactive particles are emitted or released when they vent the stacks.

According to *Nuclear Information and Resource Service* "Radiation" webpage, Government regulations allow radioactive water to be released to the environment containing "permissible" levels of contamination. Permissible does not mean safe. Detectors at reactors are set to allow contaminated water to be released, unfiltered, if below "permissible" legal

levels. [So how is nuclear energy “clean”? Also, downstream water supplies apparently contain radioactivity.]

Accurate accounting of all radioactive wastes released to the air, water and soil from the entire reactor fuel production system is simply not available. The system includes uranium mines and mills, chemical conversion, enrichment and fuel fabrication plants, nuclear power reactors, and *radioactive waste storage pools, casks, and trenches*. [8] [Emphasis added]

The interaction of toxic and heavy metals in the body should be a major cause for concern, as their toxicity is a prime causation for disease and ultimately death, more than most people realize. *Critical is the potentiation of toxic minerals*, something apparently not considered by health professionals or health agencies, otherwise we would not have so many toxic elements permitted and used in vaccines, pharmaceuticals, consumer products, food, and warfare. I discuss those issues in depth in my 2009 book, *Our Chemical Lives And The Hijacking Of Our DNA, A Probe Into What’s Probably Making Us Sick*, available on Amazon.com

## Birth Defects

One thing we do know – and is confirmed – the rate of birth defects caused in countries like Iraq where depleted uranium warheads have been used. Here are some graphic and upsetting reports that the U.S. media ignore telling and investigating:

Depleted uranium used by US forces blamed for birth defects and cancer in Iraq  
Listen carefully to what Dr. Chris Busby, PhD, says at the end of the YouTube. Also, keep in mind that U.S. troops likewise were exposed to those DU weapons of mass destruction, and that our service people will be bringing home adverse health effects due to that exposure in Iraq. The ironic part, as I see it, is the U.S. accused Saddam Hussein of weapons of mass destruction (WMDs) as the reason for going to war whereas, in reality, it was the U.S. that actually used WMDs in the form of depleted and enriched uranium weapons in the war against the people of Iraq. God, forgive us, for our leaders don’t know what they do – or do they?  
Ten Years Later, U.S. Has Left Iraq with Mass Displacement & Epidemic of Birth Defects, Cancers

At 29 minutes on the timeline, you will hear the story about a U.S. service man who tested positive in the USA for being exposed to depleted uranium while in Iraq.

## Knowing What to Do

For those interested in an interactive chart based upon your body weight, you can find the approximate amount of elements in your body here.

For readers who are concerned about heavy metal exposure, or if you have a disease, there are numerous tests that can determine toxic burdens in the body. The most efficient resource you can utilize, in my opinion, is a holistic MD or CAM professional who understands the deleterious role toxic metals play in the body; can administer tests to determine them; will design and supervise a detox program; and will provide follow through protocols.

Understanding the *ramifications of heavy metal potentiation* is illustrated in this: According to Dr. David Ayoub, MD, “...aluminum will make whatever amount of mercury you have in your system even more toxic.” [9] Dr. Ayoub’s website is an excellent resource. The following is what potentiation is all about:

A small dose of mercury that kills 1 in 100 rats and a dose of aluminum that will kill 1 in 100 rats, when combined have a striking effect: all the rats die. Doses of mercury that have a 1

percent mortality will have a 100 percent mortality rate if some aluminum is there. Vaccines contain aluminum. (Doctor Donald W. Miller, Jr., Mercury on the Mind)

Note both mercury and aluminum are found in MANY vaccines. [10]

Tests were done on lab rats regarding mercury and aluminum potentiation. However, I don't know about other tests performed regarding other heavy metals potentiation. If a scientist has performed such studies and has that information, will you please let me know in the comment section below?

Undoubtedly, everyone is familiar with the saying, "Get the lead out." Well, there's more than lead that you may have to get out. Nevertheless, there still is another potentiation problem, I believe, and it can be found in chemicals, especially chemical compounds found in pharmaceuticals and what, if any, potentiation they have on heavy metals or other chemicals. We know that certain medicines are not to be taken with each other. There is a website to check on them; it's *Drug Interaction Checker*.

Also, we know that certain prescription drugs [at least 85] should not be taken with grapefruit because of potentiation effects.

If the above is known, how come the U.S. FDA mandates vaccines that vaccine makers produce and MDs unquestionably continue to inoculate infants and toddlers with, that include numerous chemicals and toxic metal 'cocktails' – as many as nine at one time – and not question if there are any interactions or potentiation that are causing children's health anomalies and problems, especially the Autism Spectrum Disorder or the horrendous problems, including deaths, attributed to HPV vaccines?

Lastly, here's something parents ought to consider, I think: When baby has his or her first haircut, collect the trimmings and submit them to your holistic physician who can perform a hair mineral/metal assay/test as part of your child's routine preventive healthcare practices, especially if your child receives vaccinations. Those hair test results could be the first scientific clue as to what may happen with your child's future health, as heavy metals lodge in the body and do cause damage – especially neurological – as we have seen from the above information.

Notes:

[1] <http://www.rense.com/general12/alum.htm>

[2] <http://www.geoengineeringwatch.org/neurologist-warns-aluminum-in-chemtrails-could-cause-explosive-increase-in-neurodegenerative-diseases/>

[3] <http://nutrition.about.com/od/askyournutritionist/f/selenium.htm>

[4] <http://www.globalhealingcenter.com/natural-health/toxic-metal-health-dangers-of-tin/>

[5] [http://www.rsc.org/chemistryworld/podcast/interactive\\_periodic\\_table\\_transcripts/barium.asp](http://www.rsc.org/chemistryworld/podcast/interactive_periodic_table_transcripts/barium.asp)

[6] <http://www.lenntech.com/periodic/elements/pt.htm>

[7] <http://www.epa.gov/radiation/radionuclides/uranium.html>

[8] <http://www.nirs.org/factsheets/routineradioactiverelases.htm>

[9] [http://healthyprotocols.com/2\\_aluminum.htm](http://healthyprotocols.com/2_aluminum.htm)

[10] [http://healthyprotocols.com/2\\_aluminum.htm](http://healthyprotocols.com/2_aluminum.htm)

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Source: <http://www.activistpost.com/2013/11/heavy-metals-vaccines-and-your-health.html>